



**FORK**  
restaurant

## OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an American dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf** Prepared gluten free   **v** Vegetarian menu item   **F** New menu item  
**gfo** Gluten free optional, can be prepared gluten free



~ est. 2011 ~



## SHARE, SAMPLE, SAVOR

### ASPARAGUS FRIES **v** 15.5

An addictive house favorite, with ranch dipper

### **F** Crisped Brussel Sprouts **v** 11.5

Fried then glazed with spicy gochujang, fresh lime & topped with scallions & cilantro

### Tomato Basil Fondue & Grilled Cheese **gfo** **v** 14

Ballard Family white cheddar, parmesan & gruyère on garlic-butter glazed Gaston's sourdough

### **F** Wagyu Sliders (2) **gfo** 12.95

Snake River Farms Wagyu, caramelized shallot, Ballard Farms white cheddar, truffle aioli on toasted Gaston's buns

### **F** Crispy Pork Belly Mac-n-Cheese 13.95

Glazed pork belly, fresh ÁLAVITA rigatoni, triple cheese blend creamy Mac sauce & scallions

### Shrimp & Grits **gf** 15.95

Creole spiced shrimp over creamy Ballard Farms cheddar grits, sausage, sofrito & smoked paprika cheese crisps

## FROM THE GARDEN

### The B.C.S. **gfo** 17.95

Boise Chopped Salad...arugula-spring mix, smoked king salmon, dried sweet corn, Ballard Family artisan white cheddar, balsamic tomatoes, toasted pepitas, pearl couscous, black currants & buttermilk basil-pesto dressing

Ask your server about substituting different protein... an additional charge may apply.

### Northwest Crispy Chicken Salad **gfo** 16.75

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, crispy Idaho potato 'hay,' Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

Add sliced avocado 4

### **F** Winter Grains **v** 13.75

Quinoa, faro, kale, red cabbage, shredded carrots, dried cranberries, sliced almonds with peach & bourbon vinaigrette

### House Salad **gf** **v** 7 / 13

Spring mix, sliced cucumber, balsamic tomatoes, pickled red onion, Ballard Family white cheddar & choice of house-made dressing

### Soup for the Soul **gfo** **v** 6 / 9.75

Your server will inform you of today's creation

### ADD-ONS

Sliced Avocado 4

Spiced Maple Bacon 4

Grilled or Crispy Chicken 7

Seared Ahi Tuna 11

House-Smoked King Salmon 9

Grilled Shrimp (5) 11

### HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Peach-Bourbon Vinaigrette, Red Wine Vinaigrette, Ranch, & Blue Cheese

## BURGERS & SAMMYS

Sammys are served with natural cut seasonal sea salt seasoned chips.

Spruce up your sammy by adding a local egg, avocado or spiced maple bacon

Upgrade from chips to fries, salad or soup 4

Substitute any bun or bread for Gluten Free bun 2

### Crispy Korean Chicken Sammy 16.75

Crispy chicken thigh, shredded Korean pickled veggies, blistered shishito peppers & gochujang aioli on a toasted brioche bun

### Roasted Prime Rib Sammy **gfo** 19.75

Certified Angus Beef, truffle aioli & red wine vinaigrette dressed arugula on toasted ACME demi baguette

### **F** Seared Ahi Bahn Mi **gfo** 18

Blackened Pacific ahi, quick pickled slaw, wasabi aioli, cilantro & chopped City Peanut Shop's bbq peanuts, ACME demi baguette

### BAM Sammy **gfo** 16.95

Thick cut apple-wood smoked spiced maple bacon, avocado smash, fresh mozzarella, marinated tomato & basil pesto on griddled Gaston's sourdough...BAM!

### URBAN BURGER 17.95

Our custom beef blend 'dragged through the garden' with Fork sauce on toasted local ACME sesame seed bun. Served with rosemary-parmesan Idaho fries.

Add Spiced Maple Bacon 4

Ballard Family White Cheddar 2

### SHAREABLE SIDES

Intended to be shared between 2-3 guests

Rosemary-Parmesan Idaho

French Fries **v** 6

Veggie of the Moment

(ask server) **gfo** **v** MKT

Ballard Farms White Cheddar

Grits **gf** 7

House Chips & Onion Dip

**v** 9.5



# MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

## F Butternut Squash & Ricotta Ravioli v 25.5

Boise's Ferranti Fresh ravioli pillows stuffed with butternut squash, pumpkin and ricotta, herb infused brown butter, crisp sage, topped with roasted pepitas & shaved parmesan

## F Idaho Rainbow Trout gfo 26.95

Two pan seared brown butter basted Hagerman fillets, roasted garlic & herb farro, citrus medley & red pepper coulis

## F Pan Seared Ahi Tuna gf 33.95

Seared rare, crispy potato-leek cake, wasabi aioli, sautéed green beans topped with a citrus vinaigrette dressed salad

## F Braised Duroc Pork Shank gfo 28.95

Apple-walnut risotto, sherry glaze de viande & grilled broccolini

## F Rotisserie Roasted Chicken gfo 28.95

1/2 Regal Crest all natural chicken house-brined then slow roasted. Served over caramelized brussels, crispy pork lardons, pan seared cipollini onions & finished with jus blond

## F Red Wine Braised Boneless Short Rib gfo 44

Fork tender local VanLith Ranch beef on a bed of seasonal root vegetable hash, savory gremolata & mushroom bordelaise

## Northwest Filet Au Poivre gf 45

Seared 8oz Certified Angus Beef tenderloin, caramelized shallot, brown butter mashed Idaho potatoes, grilled asparagus & black peppercorn sauce

*Make it a surf & turf by adding 5 grilled shrimp (11)*

FRI & SAT

### SLOW ROTISSERIE ROASTED HERB CRUSTED NORTHWEST

#### PRIME RIB gfo 46

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries

*Offered Friday & Saturday evenings starting at 5pm... until they are gone*

TUESDAY

### TACO TUESDAY gfo MKT

Chef's weekly fresh creation served on locally made Boise Fresca corn tortillas.

*Offered Tuesday evenings starting at 5pm... until they are gone*

# SWEETS

## FORK'S SIGNATURE WARM BUTTER CAKE 11.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit & berry coulis

## FORK POUR OVER COFFEE 4.5

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.

## Salted Caramel Bread Pudding 10.95

With local Cloverleaf vanilla ice cream...enough said

## Gluten Free Brownie Bowl gf 10.75

House-made gluten free chocolate brownie, Cloverleaf chocolate ice cream, hot salted caramel drizzle & coffee-sugar dust

## F Cinnamon Apple 'Cobbler' 11

A twist on Grandma's recipe, Cloverleaf vanilla ice cream, house-made caramel sauce, City Peanut Shop's spiced pecans

## Local Cloverleaf Ice Cream (2 scoops) gf 7

Choice of chocolate, vanilla or a delightful seasonal selection

# KID'S MENU

## Spaghetti & Meatballs 8.95

A local favorite served with local bread

## Mini Corndogs 8.95

Served with ketchup

## Crispy Chicken Tenders 7.95

Served with ranch dipper sauce

## Kid's Cheeseburger gfo 9.95

Ballard Family white cheddar & pickles

*All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream*

## WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

ACME Bakery

Ahaus Honey

Back To Basics Farm

Ballard Family Dairy & Cheese

Boise Fresca Tortillas

City Peanut Shop

Cloverleaf Creamery

Dawson Taylor Coffee

Dorothy's Jam

Eden Creamery

Ferg's Fabulous Fungi

Ferranti Fresh Pasta

Fish Breeders Of Idaho

Gaston's Bakery

J.R. Simplot Company

Porterhouse Butcher

Mama Knows Best

Micro Greens

Purple Sage Farms

Snake River Farms

Van Lith Ranch

### Attention Guests With Food Allergies

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur, as factors beyond our reasonable control may alter the formulations of the food we serve, or manufacturers may change their formulations without our knowledge.

BoiseFork.com



Drink Responsibly. Drive Responsibly.



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# ALAVITA

An Italian Joint

Located next door at  
807 W. Idaho St.  
ALAVITAboise.com  
208.780.1100

# 8 HORSES

COCKTAIL LOUNGE + WINE VAULT

Located below Fork at  
199 N. 8th St.  
8HorsesLounge.com  
208.433.7800