



OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an American dining experience that is both surprising and comforting. Whenever possible, we follow the “Farm to Fork” approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf** Prepared gluten free **v** Vegetarian menu item **F** New menu item
gfo Gluten free optional, can be prepared gluten free



~ est. 2011 ~

SHARE, SAMPLE, SAVOR

ASPARAGUS FRIES **v** 14.95

An addictive house favorite, with ranch dipper

House Chips & Onion Dip **v** 9

Seasonal sea salt

Tomato Basil Fondue & Grilled Cheese **gfo** **v** 13.75

Ballard Family white cheddar, parmesan & gruyère on garlic-butter glazed Gaston's sourdough

F Grilled Baby Rainbow Carrots **gf** **v** 11

Spiced local Ahaus honey, Greek yogurt drizzle & salted pepitas

F Crispy Artichoke Hearts **v** 12.95

Fried to a golden brown served with a house-made roasted garlic truffle aioli

F Northwest Mushroom Ragout Panfry **v** 13.95

Ferg's Fabulous Fungi mushroom blend, ancho-chile cream sauce, grated parmesan, crispy polenta cake

FROM THE GARDEN

The B.C.S. **gfo** 16.95

Boise Chopped Salad...arugula-spring mix, smoked king salmon, dried sweet corn, Ballard Family artisan white cheddar, balsamic tomatoes, toasted pepitas, pearl couscous, black currants & buttermilk basil-pesto dressing

Ask your server about substituting different protein...
an additional charge may apply.

Northwest Crispy Chicken Salad **gfo** 15.95

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, crispy Idaho potato 'hay,' Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

Add sliced avocado 4

F Chopped Caesar **gf** **v** 15.95

Romaine, kale, Brussel sprouts, toasted pistachios, golden raisins, balsamic tomatoes, shredded parmesan, herbed croutons & eggless Caesar dressing

House Salad **gf** **v** 7/12

Spring mix, sliced cucumber, balsamic tomatoes, pickled red onion, Ballard Family white cheddar & choice of house-made dressing

Soup for the Soul **gf** **v** 6/9.75

Your server will inform you of today's creation

ADD-ONS

Sliced Avocado 4

Spiced Maple Bacon 4

Grilled or Crispy Chicken 7

Grilled King Salmon 10

House-Smoked King Salmon 8

Grilled Shrimp (5) 10

HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Champagne Vinaigrette, Eggless Caesar & Blue Cheese

BURGERS & SAMMYS

Sammys are served with natural cut black truffle sea salt seasoned chips.
Spruce up your sammy by adding a local egg, avocado or spiced maple bacon
Upgrade from chips to fries, salad or soup 4
Substitute any bun or bread for Gluten Free bun 2

Hickory-Smoked Shredded Beef Dip **gfo** 17.95

Ballard Farms pepper cheddar, black pepper creamy horsey on grilled Gaston's ciabatta & side of beef jus

Slow-Smoked Pulled Pork Sammy **gfo** 17.5

Carolina gold bbq sauce, creamy coleslaw, Mama Lil's bread & butter pickles and peppers on a toasted brioche bun.
Served with a side of pork belly baked beans.

F Grilled King Salmon Fillet Sammy **gfo** 17

House-pickled red onions, arugula & dijon remoulade on toasted Gaston's brioche bun

BAM Sammy **gfo** 16.75

Thick cut apple-wood smoked spiced maple bacon, avocado smash, fresh mozzarella, marinated tomato & basil pesto on griddled Zeppole sourdough...BAM!

URBAN BURGER 16.95

Our custom beef blend 'dragged through the garden' with Fork sauce on toasted local ACME sesame seed bun. Served with rosemary-parmesan Idaho fries.

Add Spiced Maple Bacon 4

Ballard Family White Cheddar 2

SHAREABLE SIDES

Intended to be shared between 2–3 guests

Rosemary-Parmesan Idaho

French Fries **v** 6

Veggie of the Moment

(ask server) **gf** **v** MKT

Pork Belly Baked

Beans **gf** 6

House Chips **v** 6

MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

- F

Three Cheese Ravioli

v

24.95

Boise's Ferranti Fresh ravioli pillows stuffed with ricotta-parmesan-mozzarella, topped with truffle infused arrabiata, fresh grated parmesan, herbed bread crumbs & micro basil
- F

Idaho Rainbow Trout

gfo

25.95

Two pan seared Hagerman fillets, local beer braised kale, fresh arugula & balsamic reduction
- F

Pan Seared King Salmon

gfo

32.95

Crispy skin on salmon, grilled rainbow carrot-crispy artichoke heart medley, warm sherry-tomato vinaigrette & micro greens

- F

Rotisserie Roasted Huli Huli Chicken

gf

25.95

1/2 Regal Crest all natural chicken house-brined then slow roasted. Served over Ballard Farms cheddar grits, roasted baby carrots & Huli Huli pan sauce
- Red Wine Braised Boneless Short Rib

gfo

42

Fork tender Northwest beef on a bed of brown butter mashed potatoes, Bordelaise sauce & topped with crispy carrot ribbons
- F

Northwest Filet Au Poirve

gf

43

Seared 8oz Certified Angus Beef tenderloin, caramelized shallot, brown butter mashed Idaho potatoes, grilled asparagus & black peppercorn sauce

Add grilled asparagus (7) or make it a surf & turf by adding 5 grilled shrimp (10)

FRI & SAT

SLOW ROTISSERIE ROASTED HERB CRUSTED NORTHWEST PRIME RIB

gfo

44

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries
Offered Friday & Saturday evenings starting at 5pm... until they are gone

TUESDAY

TACO TUESDAY

gfo

MKT

Chef's weekly fresh creation served on locally made Boise Fresca corn tortillas.
Offered Tuesday evenings starting at 5pm... until they are gone

SWEETS

FORK'S SIGNATURE WARM BUTTER CAKE 11.95
Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit & berry coulis

FORK POUR OVER COFFEE 4
We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.

Salted Caramel Bread Pudding 10.95
With local Cloverleaf vanilla ice cream...enough said

Gluten Free Brownie Bowl

gf

10.5

House-made gluten free chocolate brownie, Cloverleaf chocolate ice cream, hot salted caramel drizzle & coffee-sugar dust

Local Cloverleaf Ice Cream (2 scoops)

gf

6

Choice of cowboy crunch, huckleberry, chocolate or vanilla

KID'S MENU

- Spaghetti & Meatballs 8.95

A local favorite served with local bread
- Mini Corndogs 8.95

Served with ketchup
- Crispy Chicken Tenders 7.95

Served with ranch dipper sauce
- Kid's Cheeseburger

gfo

9.95

Ballard Family white cheddar & pickles

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

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|-------------------------------|------------------------|------------------------|----------------------|-----------------------|
| ACME Bakery | Boise Fresca Tortillas | Eden Creamery | J.R. Simplot Company | Thomas Cattle Company |
| Ahaus Honey | City Peanut Shop | Ferg's Fabulous Fungi | Porterhouse Butcher | Van Lith Ranch |
| Back To Basics Farm | Cloverleaf Creamery | Ferranti Fresh Pasta | Mama Knows Best | Waterwheel Gardens |
| Ballard Family Dairy & Cheese | Dawson Taylor Coffee | Fish Breeders Of Idaho | Micro Greens | Zursun Idaho |
| | Dorothy's Jam | Gaston's Bakery | Purple Sage Farms | Heirloom Beans |

Attention Guests With Food Allergies
Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur, as factors beyond our reasonable control may alter the formulations of the food we serve, or manufacturers may change their formulations without our knowledge.

For a truly unique Locally Inspired Italian experience... please visit our sister concept:

ALAVITA
An Italian Joint

located next door at 807 W. Idaho St.
ALAVITAboise.com | 208.780.1100

BoiseFork.com



Drink Responsibly.
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