



**FORK**  
restaurant

## OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an American dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf Prepared gluten free
- v Vegetarian menu item
- F New menu item
- gfo Gluten free optional, can be prepared gluten free



~ est. 2011 ~

## SHARE, SAMPLE, SAVOR

### ASPARAGUS FRIES v 13.75

An addictive house favorite, with ranch dipper

### Crisped Brussels Sprouts v 10.95

Fried then glazed with spicy gochujang & tossed with scallions and cilantro

### Tomato Basil Fondue & Grilled Cheese gfo 12.75

Ballard Family white cheddar, parmesan & gruyère on garlic glazed Zeppole sourdough

### 8th Street Tacos (5) gfo 14.75

Boise Fresca mini white corn tortillas topped with Chef's daily creation, cotija cheese, cilantro, red onion, pickled jalepeño & side of house-made fire roasted salsa

Add avocado 3

### F Eden's Whipped Feta gf v 11.95

Quick pickled cucumber-red onion salad & lemon-herb whipped feta atop a polenta cake

### F Crispy Cauliflower 'Poppers' v 11.75

Buttermilk battered cauliflower, Jeremy's secret sweet-n-spicy sauce, lime & black sesame seeds

### F House-Smoked King Salmon Board gfo 24

Red wine soaked and cherry wood smoked cream cheese, pickled veggie salad, hard boiled egg, Gaston's French baguette crostini & crispy capers

### House Chips v 5

Chili-lime seasoned & served with Fork sauce

## FROM THE GARDEN

### The B.C.S. gfo 16.5

Boise Chopped Salad...arugula-spring mix, Ballard Family white cheddar, house-smoked king salmon, dried sweet corn, balsamic tomatoes, pepitas, pearl couscous, black currants & buttermilk basil-pesto dressing

Ask your server about substituting different protein... an additional charge may apply.

### Northwest Crispy Chicken Salad gfo 15.5

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, Boise Fresca crisped tortilla strips, Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

Add avocado 3

### Rainbow Beet & Grilled Halloumi gf v 13.95

Arugula, pickled red onions, candied walnuts & lemon-mint vinaigrette

### F The Harvest Salad gfo 14.95

Spring mix, house-smoked Ballard Farms gouda, City Peanut Shop's spiced pecans, dried apricots, pepitas, crisp prosciutto & maple-bourbon vinaigrette

### House Salad gf v 7 / 12

Spring mix, sliced cucumber, balsamic tomatoes, pickled red onion, Ballard Family white cheddar & choice of house-made dressing

### Soup for the Soul gf v 6 / 9.75

Your server will inform you of today's creation

## ADD-ONS

- Sliced Avocado 3
- Spiced Maple Bacon 3
- Grilled or Crispy Chicken 6
- House-Smoked King Salmon 7
- Grilled Black Tiger Shrimp (3) 10

## HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Lemon-Mint Vinaigrette, Maple-Bourbon Vinaigrette & Blue Cheese

## KID'S MENU

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

### Spaghetti & Meatballs 8.95

A local favorite served with local bread

### Mac & Cheese 8.75

We did it for the Kids...

### Crispy Chicken Tenders 7.95

Served with ranch dipper sauce

### Kid's Cheeseburger gfo 8.95

Ballard Family white cheddar & pickles

## WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

ACME Bakery

Ahaus Honey

Amaru Bakery

Back To Basics Farm

Ballard Family Dairy & Cheese

Boise Fresca Tortillas

City Peanut Shop

Cloverleaf Creamery

Dawson Taylor Coffee

Dorothy's Jam

Eden Creamery

Ferranti Fresh Pasta

Fiddler's Green Farm

Fish Breeders Of Idaho

Gaston's Bakery

J.R. Simplot Company

Porterhouse Butcher

Mama Knows Best Micro Greens

Purple Sage Farms

Ohana No-Till Farm

True Roots Organics

Wagner Farms

Warm Springs Garden

Waterwheel Gardens

Zeppole Bakery

Zursun Idaho Heirloom Beans



# BURGERS & SAMMYS

Sammys are served with natural cut chili-lime seasoned chips.  
 Spruce up your sammy by adding a local egg, avocado or spiced bacon 2 each  
 Upgrade from chips to fries, salad or soup 4  
 Substitute any bun or bread for Gluten Free bun 2

## URBAN BURGER 15.5

Our custom chuck & brisket beef blend 'dragged through the garden' with Fork sauce on toasted local ACME sesame seed bun. Served with rosemary-parmesan Idaho fries.

Add Spiced Maple Bacon 3  
 Ballard Family White Cheddar 2

## F Slow-Smoked Pulled Beef Dip gfo 17.75

Ballard Farms pepper cheddar, black pepper creamy horsey on grilled Zeppole ciabatta & side of beef jus

## F Grilled Chicken Club Sammy gfo 16.5

Candied bacon, melted cheddar, lettuce, tomato & chipotle aioli on local Zeppole Bakery ciabatta bun

## BAM Sammy gfo 14.75

Double cut maple-spiced bacon, avocado smash, fresh mozzarella, tomato & basil pesto on grilled Zeppole sourdough...BAM!

## Cubano gfo 16.75

Rotisserie roasted pork loin, slow roasted pulled pork carnitas, Ballard Family Swiss cheese & pickles with Chef's 'mad mustard' sauce, hot pressed in a Gaston's panini bread

## Grown Up Grilled Ham & Cheese gfo 13.95

Ballard Family white cheddar, country ham, caramelized onions & house-made smoked bacon-tomato jam on griddled Zeppole sourdough

Substitute tomato-basil soup for chips 3

## SHAREABLE SIDES

Intended to be shared between 2-3 guests

Rosemary-Parmesan Idaho French Fries v 6  
 Brown Butter Mashed Idaho Potatoes gfo v 6

Veggie of the Moment MKT (ask server) gfo v  
 Roasted Baby Carrots gfo v 6

# MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

## F Spinach-Ricotta-Lemon Ravioli v 23.95

Boise's Ferranti Fresh ravioli pillows, green goddess sauce, parmesan cream swirl, English peas, crushed cashews & local pea shoots

Add roasted sliced chicken 5

## F Idaho Rainbow Trout gfo 24.95

Two pan seared local fillets, herbed farro bed, topped with summer citrus & balsamic drizzle

Substitute grilled asparagus for farro 4

## Rotisserie Roasted Huli Huli Chicken gfo 26

1/2 Regal Crest all natural chicken house-brined then slow roasted. Served over brown butter mashed potatoes, roasted baby carrots & Huli Huli pan sauce

## Killer Smoked Brisket Mac & Cheese 18.95

Elbow pasta, three cheese blend & topped with chopped City Peanut Shop's smoked peanuts

## Red Wine Braised Boneless Short Rib gfo 38

Fork tender Northwest beef, Bordelaise sauce, brown butter mashed Idaho potatoes & topped with crispy carrot ribbons

Substitute grilled asparagus (\$4) for mashed potatoes

## Northwest Filet gfo 39

Flame grilled 8oz Certified Angus Beef tenderloin, brown butter mashed potatoes, sauteed broccolini & bourbon-black peppercorn-mushroom demiglace

Add grilled asparagus (\$6) or make it a surf & turf by adding 3 black tiger prawns (\$10)

### STEAK TEMPERATURES

Rare: red, cool center  
 Medium rare: red, warm center  
 Medium: pink center  
 Medium-well: slightly pink center  
 Well: gray-brown throughout

## MONDAY

### SLOW SMOKED BBQ SPARE RIBS gfo 25

Served with bacon braised rainbow chard & cornbread muffin with orange-honey butter

Offered Monday evenings starting at 5pm... until they are gone

## TUESDAY

### CAST IRON BUTTERMILK FRIED CHICKEN AND CHEDDAR WAFFLE 26

Balsamic infused maple syrup & local Ahaus honey & orange infused butter

Offered Tuesday evenings starting at 5pm...until they are gone

## FRI & SAT

### SLOW ROTISSERIE ROASTED HERB CRUSTED NORTHWEST PRIME RIB gfo 43

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries

Offered Friday & Saturday evenings starting at 5pm... until they are gone

# SWEETS

## FORK'S SIGNATURE WARM BUTTER CAKE 11.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit & berry coulis

## Salted Caramel Bread Pudding 10.75

With local Cloverleaf vanilla ice cream...enough said

## Gluten Free Brownie Bowl gfo 9.95

Boise's Amaru Bakery gluten free chocolate brownie, choice of Cloverleaf ice cream, house-made salted caramel, whipped cream & City Peanut Shop's spicy pecans

## Local Cloverleaf Ice Cream (2 scoops) gfo 6

Choice of cowboy crunch, huckleberry, chocolate or vanilla

## FORK POUR OVER COFFEE BAR 4

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.

### Please Note

- Fork is not a nut-free environment.
- The smoking of cigarettes or non-combustible cigarettes (e-cigs) is prohibited in the restaurant, bar and patio areas. Thank you.
- Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness

For a truly unique Locally Inspired Italian experience... please visit our sister concept:

# ALAVITA

An Italian Joint

located next door at 807 W. Idaho St.  
 ALAVITAboise.com | 208.780.1100

BoiseFork.com



Drink Responsibly. Drive Responsibly.



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