



**FORK**  
restaurant

## OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an American dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf Prepared gluten free
- v Vegetarian menu item
- F New menu item
- gfo Gluten free optional, can be prepared gluten free



~ est. 2011 ~

## SHARE, SAMPLE, SAVOR

### ASPARAGUS FRIES v 12.95

An addictive house favorite, with ranch dipper

### Crisped Brussels Sprouts v 10.5

Fried then glazed with spicy gochujang & tossed with scallions and cilantro

### Tomato Basil Fondue & Grilled Cheese gfo 11.95

Ballard Family white cheddar, parmesan & gruyère on garlic glazed Zeppole sourdough

### 8th Street Tacos (5) gfo 13.5

Boise Fresca mini white corn tortillas topped with Chef's daily creation, cotija cheese, cilantro, red onion & side of house-made fire roasted salsa.

Add avocado 2

### Northwest Mushroom Panfry v 11.95

Sautéed wild mushrooms, ancho chili cream sauce, crispy polenta cake & grated parmesan

### 'Mexican Street' Roasted Cauliflower gfo v 11.5

Sriracha mayo, Cotija cheese, pickled red onions, chili powder & fresh lime

### Cast Iron Seared Lamb Lollipops gfo 13.95

Green chimichurri sauce

### House Chips v 5

Chili-lime seasoned & served with Fork sauce

## FROM THE GARDEN

### The B.C.S. gfo 15.5

Boise Chopped Salad...arugula-spring mix, Ballard Family white cheddar, house-smoked king salmon, dried sweet corn, balsamic tomatoes, pepitas, pearl couscous, black currants & buttermilk basil-pesto dressing

Ask your server about substituting different protein... an additoanl charge may apply.

### Northwest Crispy Chicken Salad gfo 13.95

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, Boise Fresca crisped tortilla strips, Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

### Rainbow Beet & Grilled Halloumi gfo v 13.95

Arugula, pickled red onions, candied walnuts & lemon-mint vinaigrette

### F Winter Salad gfo 14.5

Spring mix, house-smoked Ballard Farms gouda, City Peanut Shop's spiced pecans, dried cranberries, pepitas, crisp prosciutto & maple-bourbon vinaigrette

### House Salad gfo v 7 / 11

Spring mix, sliced cucumber, balsamic tomatoes, red onion, Ballard Family white cheddar & choice of house-made dressing

### Soup for the Soul gfo v 5.5 / 9.75

Your server will inform you of today's creation

## ADD-ONS

- Spiced Maple Bacon 2
- Grilled or Crispy Chicken 4
- House-Smoked King Salmon 6
- Grilled King Salmon (4oz) 7
- Grilled Black Tiger Shrimp (3) 9
- House-Smoked Idaho Trout 5

## HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Lemon-Mint Vinaigrette, Maple-Bourbon Vinaigrette & Blue Cheese

## KID'S MENU

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

### Spaghetti & Meatballs 7.95

A local favorite served with local bread

### Mac & Cheese 8.5

We did it for the Kids...

### Crispy Chicken Tenders 6.95

Served with ranch dipper sauce

### Kid's Cheeseburger gfo 8.5

Ballard Family white cheddar & pickles

## WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

ACME Bakery

Ahaus Honey

Amaru Bakery

Back To Basics Farm

Ballard Family Dairy & Cheese

Boise Fresca Tortillas

City Peanut Shop

Cloverleaf Creamery

Dawson Taylor Coffee

Dorothy's Jam

Ferranti Fresh Pasta

Fiddler's Green Farm

Fish Breeders Of Idaho

Gaston's Bakery

J.R. Simplot Company

Mama Knows Best Micro Greens

Porterhouse Butcher

Purple Sage Farms

Ohana No-Till Farm

True Roots Organics

Two Rivers Smoked Fish

Wagner Farms

Warm Springs Garden

Waterwheel Gardens

Zeppole Bakery

Zursun Idaho Heirloom Beans



# BURGERS & SAMMYS

Sammys are served with natural cut chili-lime seasoned chips.  
 Spruce up your sammy by adding a local egg, avocado or spiced bacon 2 each  
 Upgrade from chips to fries, salad or soup 3  
 Substitute any bun or bread for Gluten Free bun 2

## URBAN BURGER 13.95

Our custom chuck & brisket beef blend 'dragged through the garden' with Fork sauce on toasted local ACME bun. Served with rosemary-parm Idaho fries.

Add Spiced Maple Bacon 2  
 Ballard Family White Cheddar 2

## Slow-Smoked Brisket Sammy gfo 15.95

Crunchy chipotle slaw, pickled red onions, pickles and melted Ballard Family white cheddar on toasted ACME Bakery bun

## F Cajun Fried Chicken Sammy 14.95

Remoulade and grilled radicchio on local Zeppole Bakery ciabatta bun

## BAM Sammy gfo 13.95

Double cut maple-spiced bacon, avocado smash, fresh mozzarella, tomato & basil pesto on grilled Zeppole sourdough...BAM!

## Cubano gfo 15.5

Rotisserie roasted pork loin, slow roasted pulled pork carnitas, Ballard Family Swiss cheese & pickles with Chef's 'mad mustard' sauce, hot pressed in a Gaston's panini bread

## Grown Up Grilled Ham & Cheese gfo 12.75

Ballard Family white cheddar, country ham, caramelized onions & house-made smoked bacon-tomato jam on griddled Zeppole sourdough

Substitute tomato-basil soup for chips 3

## SHAREABLE SIDES

Intended to be shared between 2-3 guests

- |   |  |
|---|--|
| Rosemary-Parmesan Idaho French Fries v 5    | Brown Butter Mashed Idaho Potatoes gfo v 6 |
| Veggie of the Moment MKT (ask server) gfo v | Creamy Risotto v 6                         |

# MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

## F Spinach & Artichoke Ravioli v 22.75

Boise's Ferranti Fresh ravioli pillows, baby spinach, roasted cashews in a sundried tomato cream sauce topped with shaved parmesan

Add roasted sliced chicken 4

## F Herbed Spaghetti Squash gfo v 19.75

Grilled portobello, baby spinach-arugula pesto, crushed pistachio & chervil

Add grilled or crispy chicken 4

## F Idaho Rainbow Trout gfo 22.95

Pan seared local trout, roasted winter succotash, lemon oil & micro radish

Substitute grilled asparagus for succotash 4

## F Risotto & Tiger Prawns gfo 28

Scampi style prawns (5), creamy risotto & arugula

## Rotisserie Roasted Huli Huli Chicken gfo 24

1/2 Regal Crest all natural chicken house-brined then slow roasted. Served over brown butter mashed potatoes, roasted baby carrots & Huli Huli pan sauce

## Killer Smoked Brisket Mac & Cheese 17.95

Elbow pasta, three cheese blend & topped with chopped City Peanut Shop's smoked peanuts

## F Pan Seared Duck Breast gfo 34

Served with onion soubise and grilled sweet gem lettuce

## F Red Wine Braised Boneless Short Rib gfo 35

Fork tender Northwest beef, Bordelaise sauce, brown butter mashed Idaho potatoes & topped with crispy carrot ribbons

Substitute grilled asparagus (\$4) for mashed potatoes

## F Northwest Filet gfo 37

Flame grilled 8oz Certified Angus Beef tenderloin, brown butter mashed, sauteed broccolini & bourbon-black peppercorn-mushroom demiglace

Add grilled asparagus (\$6) or make it a surf & turf by adding 3 black tiger prawns (\$9)

### STEAK TEMPERATURES

- Rare: red, cool center
- Medium rare: red, warm center
- Medium: pink center
- Medium-well: slightly pink center
- Well: gray-brown throughout

MONDAY

## SLOW SMOKED BBQ SPARE RIBS gfo 24

Served with green beans & house-made cornbread muffin with orange-honey butter

Offered Monday evenings starting at 5pm... until they are gone

TUESDAY

## CAST IRON BUTTERMILK FRIED CHICKEN AND CHEDDAR WAFFLE 24

Balsamic infused maple syrup & local Ahaus honey & orange infused butter

Offered Tuesday evenings starting at 5pm...until they are gone

FRI & SAT

## SLOW ROTISSERIE ROASTED HERB CRUSTED NORTHWEST PRIME RIB gfo 38

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries

Offered Friday & Saturday evenings starting at 5pm... until they are gone

# SWEETS

## FORK'S SIGNATURE WARM BUTTER CAKE 11.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit

## Salted Caramel Bread Pudding 10.5

With local Cloverleaf vanilla ice cream...enough said

## Gluten Free Brownie Bowl gfo 9.95

Boise's Amaru Bakery gluten free chocolate brownie, choice of Cloverleaf ice cream, house-made salted caramel, whipped cream & City Peanut Shop's spicy pecans

## Local Cloverleaf Ice Cream (2 scoops) gfo 6

Choice of cowboy crunch, huckleberry, chocolate or vanilla

## FORK POUR OVER COFFEE BAR 4

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.

### Please Note

- Fork is not a nut-free environment.
- Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness
- The smoking of cigarettes or non-combustible cigarettes (e-cigs) is prohibited in the restaurant, bar and patio areas. Thank you.

For a truly unique Locally Inspired Italian experience... please visit our sister concept:

**ALAVITA**

An Italian Joint

located next door at 807 W. Idaho St.  
 ALAVITAboise.com | 208.780.1100

BoiseFork.com



Drink Responsibly. Drive Responsibly.



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