



FORK
restaurant

OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an American dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf Prepared gluten free
- v Vegetarian menu item
- F New menu item
- gfo Gluten free optional, can be prepared gluten free



~ est. 2011 ~

SHARE, SAMPLE, SAVOR

ASPARAGUS FRIES v 12.5

An addictive house favorite, with ranch dipper

Crisped Brussels Sprouts v 9.95

Fried then glazed with spicy gochujang & tossed with scallions and cilantro

Tomato Basil Fondue & Grilled Cheese gfo 11.75

Ballard Family white cheddar, parmesan & gruyère on garlic glazed Zeppole sourdough

8th Street Tacos (5) gfo 12.95

Boise Fresca mini white corn tortillas topped with Chef's daily creation, cotija cheese, cilantro, red onion & side of house-made fire roasted salsa.

Add avocado 2

F Northwest Mushroom Panfry v 11.95

Sautéed wild mushrooms, ancho chili cream sauce, crispy polenta cake & parmesan

F Steamed Manila Clams gfo 15.5

White wine, garlic, shallots, butter, herbs & garlic basted grilled local sourdough

F 'Mexican Street' Roasted Cauliflower gfo v 11.5

Sriracha mayo, Cotija cheese, pickled red onions, chili powder & fresh lime

Cast Iron Seared Lamb Lollipops gfo 13.95

Green chimichurri sauce

FROM THE GARDEN

The B.C.S. gfo 15.5

Boise Chopped Salad...arugula-spring mix, Ballard Family white cheddar, house-smoked king salmon, dried sweet corn, balsamic tomatoes, pepitas, pearl couscous, black currants & buttermilk basil-pesto dressing

Ask your server about substitute different protein as an additoanl charge may apply.

Northwest Crispy Chicken Salad gfo 13.95

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, Boise Fresca crisped tortilla strips, Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

F Rainbow Beet & Grilled Halloumi gfo v 13.95

Arugula, pickled red onions, candied walnuts & lemon-mint vinaigrette

F Ahi Poke Bowl gfo 16.5

Arugula, house-pickled carrot-daikon-cucumber-serrano peppers, wasabi infused avocado crème & black sesame seeds

House Salad gfo v 7 / 10.5

Spring mix, sliced cucumber, balsamic tomatoes, red onion, Ballard Family white cheddar & choice of house-made dressing

Soup for the Soul gfo v 5.5 / 9.75

Your server will inform you of today's creation

ADD-ONS

- Spiced Maple Bacon 2
- Grilled or Crispy Chicken 4
- House-Smoked King Salmon 6
- Grilled King Salmon (4oz) 7
- Grilled Shrimp (5) 8

HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Lemon-Mint Vinaigrette & Blue Cheese

KID'S MENU

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

Spaghetti & Meatballs 7.95

A local favorite served with local bread

Crispy Chicken Tenders 6.95

Served with ranch dipper sauce

F Mac & Cheese 8.5

We did it for the Kids...

Kid's Cheeseburger gfo 8.5

Ballard Family white cheddar & pickles

WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

ACME Bakery

Ahaus Honey

Amaru Bakery

Back To Basics Farm

Ballard Family Dairy & Cheese

Boise Fresca Tortillas

City Peanut Shop

Cloverleaf Creamery

Dawson Taylor Coffee

Dorothy's Jam

Ferranti Fresh Pasta

Fiddler's Green Farm

Fish Breeders Of Idaho

Gaston's Bakery

Gluten Free Galaxy Bakery

J.R. Simplot Company

Porterhouse Butcher

Purple Sage Farms

Ohana No-Till Farm

True Roots Organics

Two Rivers Smoked Fish

Wagner Farms

Warm Springs Garden

Waterwheel Gardens

Sunset Farms

Zeppole Bakery

Zursun Idaho Heirloom Beans



BURGERS & SAMMYS

*Sammys are served with natural cut chili-lime seasoned chips.
Spruce up your sammy by adding a local egg, avocado or spiced bacon 2 each
Upgrade from chips to fries, salad or soup 3
Substitute any bun or bread for Gluten Free Galaxy Bakery bun 2*

URBAN BURGER 13.95

Our custom chuck & brisket beef blend 'dragged through the garden' with Fork sauce on toasted local ACME bun. Served with rosemary-parm Idaho fries.

Add Spiced Maple Bacon 2
Ballard Family White Cheddar 2

Slow-Smoked Brisket Sammy ^{gfo} 15.95

Crunchy chipotle slaw, pickled red onions, pickles and melted Ballard Family white cheddar on toasted ACME Bakery bun

Fried Spicy Chicken Sammy 13.5

Buffalo sauce, house pickles, iceberg & ranch on local ACME Bakery bun

BAM Sammy ^{gfo} 13.5

Double cut maple-spiced bacon, avocado smash, fresh mozzarella, tomato & basil pesto on grilled Zeppole sourdough...BAM!

Cubano ^{gfo} 13.75

Rotisserie roasted pork loin, slow roasted pulled pork carnitas, Ballard Family Swiss cheese & pickles with Chef's 'mad mustard' sauce, hot pressed in a Gaston's panini bread

Grown Up Grilled Ham & Cheese ^{gfo} 11.95

Ballard Family white cheddar, country ham, caramelized onions & house-made smoked bacon-tomato jam on griddled Zeppole sourdough

Substitute tomato-basil soup for chips 3

SHAREABLE SIDES

Intended to be shared between 2-3 guests

House Chips...chili-lime seasoning ^v 5

Brown Butter Mashed Idaho Potatoes ^{gf} ^v 5

Rosemary-Parmesan Idaho French Fries ^v 6

Veggie of the Moment MKT (ask server) ^{gf} ^v

MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

F Spring Pea & Mascarpone Ravioli ^v 19.95

Boise's Ferranti Fresh ravioli pillows lightly tossed in butter, topped with grated parmesan, crispy leeks & toasted cashews

Add roasted sliced chicken 4

Vegetarian Enchiladas ^{gf} ^v 19.75

Sweet potato, black beans, green chili, onion, feta salsa verde & chèvre crema

Add roasted sliced chicken 4

Idaho Rainbow Trout ^{gfo} 21.95

Herbed farro, topped with summer citrus & balsamic drizzle

Substitute grilled asparagus for farro 4

F Pan Seared Alaskan Salmon ^{gf} 24.5

French green beans, salmon fume & topped with fennel-red onion salad

Rotisserie Roasted Huli Huli Chicken ^{gf} 21

1/2 Regal Crest organic chicken house-brined then slow roasted. Served over brown butter mashed potatoes, roasted baby carrots & Huli Huli pan sauce

F Killer Smoked Brisket Mac & Cheese 16.5

Topped with chopped smoked peanuts

Northwest Filet ^{gf} 37

Flame grilled 8oz Certified Angus Beef tenderloin served over brown butter mashed Idaho potatoes, roasted beet demiglace & chives

Add grilled asparagus 6

F Fork Surf & Turf ^{gf} 47

Grilled New York strip steak, pan seared diver scallops, brown butter mashed potatoes, seasonal market succotash & chimichurri aioli

F Red Wine Braised Boneless Short Rib ^{gf} 30

Fork tender Northwest beef, demi roasted rainbow beets, green chimichurri sauce & house-pickled veggies

Substitute grilled asparagus (\$4) or brown butter mashed potatoes (\$3) for roasted beets

STEAK TEMPERATURES

Rare: red, cool center
Medium rare: red, warm center
Medium: pink center
Medium-well: slightly pink center
Well: gray-brown throughout

MONDAY

SLOW SMOKED BBQ SPARE RIBS ^{gfo} 24

Served with green beans & house-made cornbread muffin with orange-honey butter

Offered Monday evenings starting at 5pm... until they are gone

TUESDAY

CAST IRON BUTTERMILK FRIED CHICKEN AND CHEDDAR WAFFLE 24

Balsamic infused maple syrup & local Ahaus honey & orange infused butter

Offered Tuesday evenings starting at 5pm...until they are gone

FRI & SAT

SLOW ROTISSERIE ROASTED HERB CRUSTED NORTHWEST PRIME RIB ^{gfo} 38

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries

Offered Friday & Saturday evenings starting at 5pm... until they are gone

SWEETS

FORK'S SIGNATURE WARM BUTTER CAKE 10.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit

Salted Caramel Bread Pudding 9.95

With local Cloverleaf vanilla ice cream...enough said

F Gluten Free Brownie Bowl ^{gf} 9.95

Boise's Amaru Bakery gluten free chocolate brownie, choice of Cloverleaf ice cream, house-made salted caramel, whipped cream & City Peanut Shop's spicy pecans

Local Cloverleaf Ice Cream (2 scoops) ^{gf} 5

Choice of cowboy crunch, huckleberry, chocolate or vanilla

FORK POUR OVER COFFEE BAR 4

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.

Please Note

- Fork is not a nut-free environment.
- Consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of foodborne illness
- The smoking of cigarettes or non-combustible cigarettes (e-cigs) is prohibited in the restaurant, bar and patio areas. Thank you.

For a truly unique Locally Inspired Italian experience... please visit our sister concept:

ALAVITA

An Italian Joint

located next door at 807 W. Idaho St.
ALAVITAboise.com | 208.780.1100

BoiseFork.com



Drink Responsibly. Drive Responsibly.



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