



## OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an Americana dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

- gf** Prepared gluten free
- v** Vegetarian menu item
- F** New menu item
- gfo** Gluten free optional, can be prepared gluten free



~ est. 2011 ~

## SHARE, SAMPLE, SAVOR

### ASPARAGUS 'FRIES' **v** 11.95

An addictive house favorite, with ranch dipper

### Crisped Brussels Sprouts **v** 8.95

Fried then glazed with spicy gochujang & tossed with scallions and cilantro

### Tomato Basil Fondue & Grilled Cheese **gfo** 11

Ballard Family white cheddar, parmesan & gruyère on garlic glazed Zeppole sourdough

### Cast Iron Seared Lamb Lollipops **gf** 13.75

Green chimichurri sauce

### 8th Street Tacos (5) **gf** 12.5

Boise Fresca mini white corn tortillas topped with Chef's daily creation, queso fresco, cilantro, red onion & side of house-made fire roasted salsa

Add avocado smash 2

### **F** Smoked Jumbo Chicken Drums (6) **gfo** 12.5

Slow smoked then fried, spicy Buffalo sauce, blue cheese crumbles, scallions & choice of ranch or blue cheese dressing

### Onion Rings **v** 8.5

Thick cut sweet onions served with house-made chipotle aioli dipping sauce

## FROM THE GARDEN

### The B.C.S. **gfo** 14.75

Boise Chopped Salad...arugula-spring mix, Ballard Family white cheddar, house-smoked King salmon, dried sweet corn, balsamic currants & buttermilk basil-pesto dressing  
Sub a different protein for additional cost

### Northwest Crispy Chicken Salad **gfo** 13.75

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, Boise Fresca crisped tortilla strips, Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

### Boise Buddha Grain Bowl **gfo v** 13.5

Garlic scented farro, beluga lentils, pepitas, edamame, pearl couscous, pickled red onions, arugula, chilled three minute egg & lemon-mint vinaigrette

### House Salad **gf v** 6.75 / 9.95

Spring mix, sliced cucumber, balsamic tomatoes, red onion, Ballard Family white cheddar & choice of house-made dressing

### Soup for the Soul **gfo v** 4.95 / 8.95

Your server will inform you of today's creation

### **F** Veggie Salad **gf v** 10.95

Roasted cauliflower, spinach, Ballard Family feta, balsamic caramelized onions, toasted pepitas & smoked tomato vinaigrette

## ADD-ONS

- Spiced Maple Bacon 2
- Grilled or Crispy Chicken 4
- House Smoked King Salmon 5
- Grilled King Salmon 5
- Grilled Shrimp (5) 7

## HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Lemon-Mint Vinaigrette, Smoked Tomato Vinaigrette & Blue Cheese

## KID'S MENU

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

### Spaghetti & Meatballs 7.95

A local favorite served with local bread

### Crispy Chicken Tenders 6.75

Served with ranch dipper sauce

### Kid's Cheeseburger **gfo** 7.95

Ballard Family white cheddar & pickles

## WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

Ahaus Honey	Cloverleaf Creamery	Fish Breeders Of Idaho	Purple Sage Farms	Warm Springs Garden
Back To Basics Farm	Dawson Taylor Coffee	Gaston's Bakery	Ohana No-Till Farm	Waterwheel Gardens
Ballard Family Dairy & Cheese	Dorothy's Jam	Gluten Free Galaxy Bakery	True Roots Organics	Sunset Farms
Boise Fresca Tortillas	Ferranti Fresh Pasta	J.R. Simplot Company	Two Rivers Smoked Fish	Zeppole Bakery
City Peanut Shop	Fiddler's Green Farm	Porterhouse Butcher	Wagner Farms	Zursun Idaho Heirloom Beans

# BURGER & SAMMYS

Sammys are served with natural cut chili-lime seasoned chips.  
Spruce up your sammy by adding a local egg, avocado or spiced bacon 2 each  
Upgrade from chips to fries, salad or soup 3  
Substitute any bun or bread for Gluten Free Galaxy Bakery bun 2

## URBAN BURGER 12.75

Our custom chuck & brisket beef blend 'dragged through the garden' with Fork sauce on toasted Bigwood brioche bun. Served with rosemary-parm Idaho fries.  
Add Spiced Maple Bacon 2  
Ballard Family White Cheddar 2

## Slow-Smoked Brisket Sammy <sup>gfo</sup> 14.95

Crunchy chipotle slaw, pickled red onions, pickles and melted Ballard Family white cheddar on toasted Bigwood brioche bun

## F Spicy Crispy Chicken Sammy 12.5

Buffalo sauce, house pickles, iceberg & ranch

## MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

## F Butternut Squash & Chèvre Ravioli <sup>v</sup> 19.95

Boise's Ferranti Fresh ravioli pillows, crisp sage, brown butter, toasted pine nuts & grated parmesan

Add roasted sliced chicken 4

## F Vegetarian Enchiladas <sup>gf</sup> <sup>v</sup> 19.5

Sweet potato, black beans, green chili, onion, Feta, salsa verde & chèvre crema

Add roasted sliced chicken 4

## F Idaho Rainbow Trout <sup>gfo</sup> 20.5

Herbed farro, topped with winter citrus

Substitute grilled asparagus for farro 4

## F Pan Seared Alaskan Salmon <sup>gf</sup> 23.5

Mushroom risotto, grilled asparagus, watercress cream reduction

## F Rotisserie Roasted Huli Huli Chicken <sup>gf</sup> 19.95

1/2 Regal Crest organic chicken house-brined then slow roasted. Served over brown butter mashed potatoes, roasted baby carrots, Huli Huli pan sauce

## BAM Sammy <sup>gfo</sup> 12.95

Double cut maple-spiced bacon, avocado smash, fresh mozzarella, tomato & basil pesto on grilled Zeppole sourdough...BAM!

## Cubano <sup>gfo</sup> 12.75

Rotisserie roasted pork loin, slow roasted pulled pork carnitas, Ballard Family Swiss cheese & pickles with Chef's 'mad mustard' sauce, hot pressed in a Gaston's panini bread

## Grown Up Grilled Ham & Cheese <sup>gfo</sup> 10.5

Ballard Family white cheddar, country ham, caramelized onions & house-made smoked tomato jam on griddled Zeppole sourdough

Substitute tomato-basil soup for chips 3

## F Fork Surf & Turf <sup>gf</sup> 42

Grilled New York strip steak, pan seared diver scallops, brown butter squash fritter, sautéed Swiss chard & tarragon-garlic compound butter

## Northwest Filet <sup>gf</sup> 32

Flame grilled 8oz Certified Angus Beef tenderloin served over brown butter mashed Idaho potatoes, roasted beet demiglace & chives

Add grilled asparagus 6

## Red Wine Braised Boneless Short Rib <sup>gfo</sup> 28

Fork tender Northwest beef, roasted baby carrots, horseradish cream, brown butter mashed Idaho potatoes & topped with Idaho 'potato hay'

Substitute grilled asparagus for mashed potatoes 4

### STEAK TEMPERATURES:

Rare: red, cool center

Medium rare: red, warm center

Medium: pink center

Medium-well: slightly pink center

Well: gray-brown throughout

## SHAREABLE SIDES

Intended to be shared between 2-3 guests

House Chips <sup>v</sup> 5

Rosemary-Parmesan Idaho French Fries <sup>v</sup> 5

Onion Rings with chipotle aioli <sup>v</sup> 8.5

Brown Butter Mashed Idaho Potatoes <sup>gf</sup> <sup>v</sup> 5

Veggie of the Moment <sup>gf</sup> <sup>v</sup>

MKT (ask server)

## MONDAY Slow Smoked BBQ Spare Ribs <sup>gf</sup> 23

Served with smoky baked beans & house-made crunchy cole slaw

Offered Monday evenings starting at 5pm... until they are gone

## TUESDAY Cast Iron Buttermilk Fried Chicken & Cheddar Waffle 23

Balsamic infused maple syrup & local Ahaus honey-orange infused butter

Offered Tuesday evenings starting at 5pm...until they are gone

## FRI & SAT Slow Rotisserie Roasted Herb Crusted Northwest Prime Rib <sup>gfo</sup> 36

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter mashed Idaho potatoes OR rosemary-parmesan Idaho fries

Offered Friday & Saturday evenings starting at 5pm... until they are gone

## SWEETS

## FORK'S SIGNATURE WARM BUTTER CAKE 10.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit

## Salted Caramel Bread Pudding 9.95

With local Cloverleaf vanilla ice cream... enough said

## Gluten Free Brownie Bowl <sup>gfo</sup> 9.75

Boise's Amaru Bakery gluten free chocolate brownie, choice of Cloverleaf ice cream, chocolate sauce, whipped cream & City Peanut Shop's spicy pecans

## Local Cloverleaf Ice Cream (2 scoops) <sup>gf</sup> 5

Choice of cowboy crunch, huckleberry, chocolate or vanilla

## Fork Pour Over Coffee Bar 4

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.