



OUR APPROACH

Fork blends fresh flavors from throughout the Northwest to create an Americana dining experience that is both surprising and comforting. Whenever possible, we follow the "Farm to Fork" approach that includes sourcing farm-fresh ingredients locally, then preparing them in such a way as to enhance, but never cover, their natural qualities. Enjoy!

gf Can be prepared gluten free **v** Vegetarian menu item **F** New menu item



~ est. 2011 ~

SHARE, SAMPLE, SAVOR

ASPARAGUS 'FRIES' **v** 11.5

An addictive house favorite, with ranch dipper

Crisped Brussels Sprouts **v** 8.5

Fried then glazed with spicy gochujang & tossed with scallions and cilantro

Tomato Basil Fondue & Grilled Cheese 10.5

Ballard Family white cheddar & garlic glazed Zeppole sourdough

F Cast Iron Seared Lamb Lollipops **gf** 13.5

Green chimichurri sauce

8th Street Tacos (5) **gf** 11.95

Boise Fresca mini white corn tortillas topped with Chef's daily creation, cotija cheese, cilantro, red onion & side of house-made fire roasted salsa

Add sliced avocado 2

Onion Rings **v** 7.95

Thick cut sweet onions served with house-made chipotle aioli dipping sauce

Soup for the Soul 4.95 / 8.95

Your server will inform you of today's creation

FROM THE GARDEN

The B.C.S. 14.5

Boise Chopped Salad...arugula-spring mix, Ballard Family white cheddar, dried sweet corn, balsamic tomatoes, pepitas, pearl couscous & dried black currants with our buttermilk basil-pesto dressing

Choice of cold-smoked Alaskan salmon, crispy chicken, roasted chicken, spiced maple bacon (grilled sirloin strip steak +6)

Northwest Crispy Chicken Salad 13.5

Spring mix, cherry tomatoes, red onion, dried sweet corn, roasted red bell pepper, Boise Fresca crisped tortilla strips, Ballard Family white cheddar, chipotle BBQ sauce & ranch dressing

Boise Buddha Grain Bowl **v** 12.95

Garlic scented farro, beluga lentils, avocado, pepitas, pearl couscous, pickled red onions, arugula, chilled three minute egg & lemon-mint vinaigrette

F Strawberry Fields **v** 11.95

Mixed greens, arugula, strawberries, farro, City Peanut Shop's maple-cayenne pecans & yogurt vinaigrette

House Salad **gf** **v** 6.5 / 9.95

Spring mix, sliced cucumber, balsamic tomatoes, red onion, Ballard Family white cheddar & choice of house-made dressing

ADD-ONS

- Spiced Maple Bacon 2
- Grilled or Crispy Chicken 4
- Cold Smoked Alaskan Salmon 5
- Grilled Shrimp (5) 7
- Grilled Sirloin Strip Steak (4oz) 8

HOUSE-MADE DRESSINGS

Buttermilk Basil-Pesto, Ranch, Lemon-Mint Vinaigrette & Yogurt Vinaigrette

KID'S MENU

All kids under 12: Meals come with local milk, juice or a soda & side of fresh fruit, fresh veggies or scoop of local ice cream

Spaghetti & Meatballs 7.95

A local favorite served with local bread

Crispy Chicken Tenders 6.75

Served with ranch dipper sauce

Kid's Cheeseburger 7.95

Ballard Family white cheddar

WE WOULD LIKE TO THANK THE LOCAL FARMERS, RANCHERS, & ARTISANS WHO MAKE THIS MENU POSSIBLE

Ahaus Honey	Cloverleaf Creamery	Fish Breeders Of Idaho	Purple Sage Farms	Warm Springs Garden
Back To Basics Farm	Dawson Taylor Coffee	Gaston's Bakery	Ohana No-Till Farm	Waterwheel Gardens
Ballard Family Dairy & Cheese	Dorothy's Jam	Gluten Free Galaxy Bakery	True Roots Organics	Sunset Farms
Boise Fresca Tortillas	Ferranti Fresh Pasta	J.R. Simplot Company	Two Rivers Smoked Fish	Zeppole Bakery
City Peanut Shop	Fiddler's Green Farm	Porterhouse Butcher	Wagner Farms	Zursun Idaho Heirloom Beans

BURGER & SAMMYS

Sammys are served with natural cut chili-lime seasoned chips.
Spruce up your sammy by adding a local egg, avocado or spiced bacon 2 each
Upgrade from chips to fries, salad or soup 3
Substitute any bun or bread for Gluten Free Galaxy Bakery bun 2

URBAN BURGER 12.5

Our custom chuck & brisket beef blend 'dragged through the garden' with Fork sauce on toasted Gaston's brioche bun. Served with Idaho fries.

Add Spiced Maple Bacon 2
Ballard Family White Cheddar 2

BAM Sammy 12.75

Double cut maple-spiced bacon, avocado smash, fresh mozzarella, tomato & basil pesto on grilled Zeppole sourdough...BAM!

Cubano 12.5

Rotisserie roasted pork loin, slow roasted pulled pork carnitas, Ballard Family Swiss cheese & pickles with Chef's 'mad mustard' sauce hot pressed in a Gaston's panini bread

F Slow-Smoked Brisket Sammy 14

Crunchy chipotle slaw, pickled red onions, pickles and melted Ballard Family white cheddar on toasted Gaston's brioche bun

F Grown Up Grilled Ham & Cheese 10.25

Ballard Family white cheddar, country ham, caramelized onions & house-made smoked tomato jam on griddled Zeppole sourdough

Substitute tomato-basil soup for chips 3

SHAREABLE SIDES

Intended to be shared between 2-3 guests

House Chips **v** 5

Rosemary-Parmesan Idaho French Fries **v** 5

Onion Rings **v** 7.95

Brown Butter Mashed Idaho Potatoes **gf v** 5

Veggie of the Moment **gf v**

MKT (ask server)

MAIN

Available for lunch & dinner Mon-Fri & after 4pm on Saturday & Sunday

Artichoke Heart & Ricotta Ravioli **v** 18.95

Boise's Ferranti Fresh ravioli pillows, white wine-pesto-cream sauce, diced tomato, sunflower seeds & shaved parmesan

Add roasted sliced chicken breast 4

Sirloin Strip Steak **gf** 24.95

Served with grilled broccolini, brown butter mashed Idaho potatoes & red wine-mushroom demi-glace

F Northwest Filet **gf** 29.95

Flame grilled 8oz Certified Angus Beef tenderloin served over brown butter mashed Idaho potatoes & topped with green chimichurri sauce

Add grilled asparagus 6

F Idaho Rainbow Trout **gf** 18.95

Wild rice, sautéed haricots vert, topped with balsamic tomatoes

Substitute grilled asparagus for wild rice 4

F Grilled Mahi Mahi Tacos (3) **gf** 19.5

Boise Fresca corn tortillas, chipotle aioli, crunchy green cabbage lime slaw, fresh cilantro & cotija cheese

Roasted Chicken **gf** 18.95

1/2 Mary's organic chicken house-brined then slow roasted in our Woodstone vertical rotisserie. Served over brown butter mashed potatoes & pan seared brussels sprouts, red wine au jus

Substitute grilled asparagus for mashed potatoes 4

Red Wine Braised Boneless Short Rib **gf** 26

Fork tender Northwest beef, carrot purée, horseradish cream, brown butter mashed Idaho potatoes & topped with Idaho 'potato hay'

Substitute grilled asparagus for mashed potatoes 4

STEAK TEMPERATURES:

Rare: red, cool center

Medium rare: red, warm center

Medium: pink center

Medium-well: slightly pink center

Well: gray-brown throughout

MONDAY

Slow Smoked BBQ Spare Ribs 23

Served with smoky baked beans & house-made crunchy cole slaw

Offered Monday evenings starting at 5pm... until they are gone

TUESDAY

Cast Iron Buttermilk Fried Chicken & Cheddar Waffle 22

Balsamic infused maple syrup & local Ahaus honey-orange infused butter

Offered Tuesday evenings starting at 5pm... until they are gone

FRI & SAT

Slow Rotisserie Roasted Herb Crusted Northwest Prime Rib 35

14oz Northwest Certified Angus Beef, house au jus, creamy horseradish & choice of brown butter Idaho mashed potatoes OR rosemary-parmesan Idaho fries

Offered Friday & Saturday evenings starting at 5pm... until they are gone

SWEETS

FORK'S SIGNATURE WARM BUTTER CAKE 10.95

Our age ol' recipe topped with local Cloverleaf vanilla ice cream, fresh fruit

Salted Caramel Bread Pudding 9.75

With local Cloverleaf vanilla ice cream... enough said

Gluten Free Brownie Bowl **gf** 9.5

Boise's Gluten Free Galaxy Bakery chocolate brownie, choice of Cloverleaf ice cream, chocolate sauce, whipped cream & City Peanut Shop's spicy pecans

Local Cloverleaf Ice Cream (2 scoops) **gf** 5

Choice of cowboy crunch, huckleberry, chocolate or vanilla

Fork Pour Over Coffee Bar 3.5

We proudly brew each cup of our Fork custom blend coffee from Boise's own Dawson Taylor Coffee Roasters to order. Available in Regular or Decaf. Includes one free refill.